

Ocean Running Club

5K , 1 mile & ½ mile

Summer Series



OVERALL WINNERS and 1st. in each AGE GROUP

Finisher medals to all 5k runners and walkers

DATES Tuesday Evenings June 28th. through July 19th. , 2022

TIME 1 mile & ½ mile- 6:30 pm SHARP

5K starts at 6:45 pm

PLACE Winding River Park

Toms River, NJ

COURSE Flat & fast tree-lined paved path in the park.

FEE \$5.00 ORC Members, \$7.00 Non-Members

\$2.00 all / 1 mile, \$1.00 1/2 *SAME GREAT PRICE!!!*

No Pre-entry required.

A GREAT NIGHT TO RACE AND HAVE FUN WITH FRIENDS AND FAMILY



Info: oceanrunningclub.org ■ [facebook](#) ■ ORC 908-783-7526

COME ON OUT, RUN OR VOLUNTEER

Directions:

Winding River Skating Rink Entrance

From Rt 9 in Toms River take 571 West (Indian Head Rd) 1/10th mile. Turn left onto Oak Ridge Parkway. Make first left onto Whitesville Rd. Park entrance is on the right.

From the Garden State Parkway take exit 82A to Rt 37 West. Turn right onto Oak Ridge Parkway (Rt 527). Turn right onto Whitesville Rd. Park is on the right.

